

# Hands-On Wellness

A Tactile Art & Wellness Program  
for the Blind & Visually Impaired

**January 30<sup>th</sup> – May 8<sup>th</sup> 2025**

At Live Oak Park, Temple City, CA

Mixed Media • Floral Arranging • Masks • Poetry & More

## PROGRAM

- \* English & Spanish sessions available
- \* Lunch provided
- \* \$500 stipend for program completion

Register Here



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.



ACCESS  
FOR ALL  
DEAF, HARD OF HEARING  
BLIND & PHYSICAL  
DISABILITIES  
UsCC

988 SUICIDE & CRISIS  
LIFELINE